

EATON WOMEN'S SOCCER INFORMATION AND POLICIES

THE PURPOSE OF TEAM POLICY IS TO HELP PROMOTE TEAM UNITY, GOOD COMMUNICATION, AND PROVIDE A POSITIVE AND SAFE ENVIRONMENT. IT IS A PRIVILEGE TO BE IN THE EATON LADY EAGLE SOCCER PROGRAM, NOT A RIGHT. PLAYERS ARE EXPECTED TO DO THEIR BEST AS COMMUNITY ROLE MODELS, LEADERS, STUDENTS AND ATHLETES.

- A. SOCCER CLASS:** The soccer class is 1st & 8th period. Freshmen sign up for JV soccer unless they are in another athletic class that starts before soccer season. You must be in the soccer class to play on the teams unless enrolled in another athletic class or an academic class only offered at the same time as the soccer class. Parents need to notify the coaches if one of these situations applies.
- B. TRYOUTS:** Tryouts take place for all players in the class period starting on the first day of school until teams are chosen at the end of the first week in December. Preliminary cuts take place after the first week of school, and final cuts take place the week after Thanksgiving. After-school tryouts and practices begin the first day back after the Thanksgiving holiday. Athletes not in the soccer class will go through tryouts when after-school workouts begin. We encourage participation in many activities and other sports. Good communication between players, parents, sponsors and coaches will be important for scheduling practices and events.
- C. SEASON:** Practices run up until winter break, and will resume before the second semester begins. Detailed practice schedules are set prior to the break. Scrimmages begin the second week of December. Pre-district games and tournaments begin the first weekend of January. District games start the last week in January and end in March after spring break. Playoffs begin late March and the state tournament is mid-April. Varsity may practice over spring break in preparation for playoffs. JV players might be asked to join the varsity roster periodically at the coach's discretion.
- D. CLUB SOCCER:** We will never ask players to miss club practices or games outside of the high school season. We do ask that players be present at all high school games and practices during our season, from December through April. If a conflict may arise, please contact the coach to see what might be worked out.
- E. MAKING THE TEAM:** There are two teams chosen based primarily on skill level, athleticism, maturity, attitude, academics and behavior: JV (consists of 9-11 graders) and Varsity (may be comprised of 9-12 grades). There are typically around 18 players per team on average. Players do NOT have to play club soccer but that experience helps and usually players with the most skill play at the highest competitive levels available to them. Those players are the ones who generally make the team, start and get the most playing time.
- F. ACADEMIC:** A player's first priority is her education. A player must pass all courses with a 70 or above. An incomplete grade is failing until replaced by a passing grade. Be on time for class and attentive during class time. Follow rules and be respectful to all teachers. Be prepared and set a good example in proper school attire. Make every effort to get work in advance when you are absent, especially for tournaments.
- G. TRAINING:** Be early to practices. Wear proper attire including a navy shirt, socks, black shorts and no jewelry. Take warm-up seriously. Bring energy and effort to every practice with the intention of improving the Lady Eagle Soccer program. Make every effort to schedule tutorials around practice times. If you absolutely have to miss a practice, be sure to notify your coach in advance. Everyone helps set up and clean up, we will shag balls and pick up cones together. A pair of good indoor shoes or flat-soled athletic shoes will be useful on days we are training indoors.
- H. INJURIES/TRAINING ROOM:** If you have an injury please communicate with the coach as soon as possible. Report to the training room in the mornings for treatment if needed. Excluding emergencies please see the trainer first before seeing a doctor so they are in the loop. If you see a doctor, bring back a doctor's note explaining restrictions and obtain a note for clearance before returning to play. Injured players still need to be present and participate in practice in whatever capacity they can.

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- I. SCHOOL FACILITIES AND EQUIPMENT:** Keep the turf, gyms and locker rooms clean. Take care of all issued equipment and clothing. All issued equipment must be replaced if lost, stolen, or damaged. Keep your things locked in your locker. Only soccer players may wear issued soccer equipment and only to school events or coach approved occasions. All issued equipment must be returned clean before you leave the class or program.
- J. GAMES:** All players will abide by UIL rules and will be properly equipped. Only captains may address the officials. Never address the opposing team's coaches or fans and do not use profanity. Players on the bench are to be attentive and engaged with the game.
- K. TRANSPORTATION:** All players must ride the bus to away games. JV players may ride home with a parent after the first quarter of the varsity game, and varsity players ride back on the bus. All players may ride home with parents after tournament games.
- L. BEHAVIOR:** Be cooperative and courteous to students, faculty, staff, fans and any guest at Eaton. Always display school pride and sportsmanship, and represent the program well in action and speech. Adhere to the student-athlete handbook rules and guidelines. Appropriate consequences for rule infractions are dealt per district policy. Any serious misbehavior could result in removal from the program. There is no tolerance for substance abuse or hazing violations.
- M. CELL PHONES:** Cell phones may only be used with a coach's permission during athletic events, and as school policy permits. Cell phones must be turned off or put away before games and practices.
- N. GRIEVANCE PROCEDURE:** Playing time is not up for discussion. Any other issues needing to be addressed should proceed as follows-player/coach, player/head coach, parent/head coach, parent/head coach/coordinator.
- O. LETTER JACKETS:** A letter jacket may be awarded to players who have been eligible on the varsity an entire season, played in 50% of the games or at the coach's discretion for special circumstances. Attitude and character are also considered for candidates for letter jackets. The coach will make the final decision on these.
- P. PLAYER ROLES:** Each Lady Eagle soccer player and parent is expected to accept a role within the program and fulfill that role to the best of their ability. If everyone in the program does this, then the winning will take care of itself. Starters are expected to perform at a high level versus quality 6A competition with minimal mistakes, for extended periods of time. Rotation players are expected to be game ready if a starter cannot perform. They may often get into the playing rotation. Team members are expected to provide auxiliary support for the team, through practice, providing sideline encouragement, leadership off the field and having a positive attitude. They typically get fewer playing opportunities. Every role is needed and important.

EATON WOMEN'S SOCCER-LEAVE A LEGACY!

CONTACT INFORMATION

HEAD COACH: Aaron Chevalier
aaron.chevalier@nisdtx.org
817-698-3881

ASSISTANT: Tony Flores
antonio.flores@nisdtx.org
817-698-7395

ASSISTANT: Shelby Stinnett
shelby.stinnett@nisdtx.org
817-698-5095